

### Skills:

- Can express opinions on subjects relating to everyday life, using simple expressions.
- Can describe events, real or imagined.
- Can make their opinions and reactions understood as regards possible solutions or the question of what to do.

Adults / Teens

Group



**1** Watch this short video and say what family means to you in 1 word.



**2** Work in pairs. Discuss:

1. What is your family like? Who do you have the strongest connection with?
2. What is the picture of the ideal family for you?
3. What traditions or activities do you do with your family to celebrate special occasions?

**3** Match these words/phrases with their definitions:

on my own

ups and downs

to manage to

at my worst

to comfort

unreliable

to get through

to be one's rock

to be there for

to rely on

at my best

no matter what

1. not doing well
2. to successfully do something
3. to be a strong source of support
4. to make someone feel better
5. whatever happens
6. to depend on someone or something
7. something or somebody you can't trust
8. good and bad times
9. performing very well
10. to successfully overcome difficulty
11. without help from others
12. to support and help someone

**4** Fill in the gaps in these short stories with the words/phrases from Exercise 3.

#### Joseph

My family is my coworkers. We spend more time together than with our actual families, and we support each other like a real family. They are the ones who see me at my \_\_\_\_\_(1) and \_\_\_\_\_(2) every day. When my mom passed away last year, they were the ones who \_\_\_\_\_(3) me and helped me get \_\_\_\_\_(4) the hard times. We're not just colleagues, we're a family.

#### Jessie

My family is my closest friends, who have been with me through all the \_\_\_\_\_(5). They are the ones who truly understand me and support me \_\_\_\_\_(6). For example, when I lost my job last year, they were the first ones there to make me feel better and help me find a new path.

### Andy

My family has always been \_\_\_\_\_(7) me, no matter what. When I was going through a hard time in college, my parents drove five hours just to be with me and support me. They are my \_\_\_\_\_(8) and I cannot imagine life without them.

### Martha

I strongly believe in \_\_\_\_\_(9) only on myself. My family has always been \_\_\_\_\_(10) and caused me more harm than good. When I was going through a tough time, they were \_\_\_\_\_(11) to be found, but I \_\_\_\_\_(12) to get through it on \_\_\_\_\_(13).

## 5 Rephrase the words in bold using the words from Exercise 3:

1. I will always be there for you, **whatever happens**.
2. Unfortunately, we **can't trust** the weather forecast, so we should be prepared for anything.
3. I prefer to complete all tasks at work **without any help**.
4. She hugged her friend trying **to make her feel better** after a hard day at work.
5. With your support, I know I can **overcome** this challenging situation.
6. He saw me **at both my happiest and most challenging times**, so he really knows who I am.
7. Our relationship has survived **all the challenges** life has thrown at us.
8. I want you to know that I will always **support you**.
9. You can **depend on** me to help you with anything you need.
10. He has always been **my source of support** during hard times.
11. Despite the problems, my team **successfully** finished the project on time.

## 6 Watch the video and discuss together:

1. Do you believe that family is defined by blood relations or by the people who are there for you?
2. How do you show appreciation for your family members/friends/partners?

### In pairs:

Brainstorm typical modern family issues and how they might be solved in your opinion.

Use at least 3-4 words from Exercise 3.



# Correct answers

**2** Made in “Discussion Questions”.

**3** Made in the “Word-Definition Matching” tool.

- |                     |                     |
|---------------------|---------------------|
| 1. at my worst      | 7. unreliable       |
| 2. to manage to     | 8. ups and downs    |
| 3. to be one's rock | 9. at my best       |
| 4. to comfort       | 10. to get through  |
| 5. no matter what   | 11. on my own       |
| 6. to rely on       | 12. to be there for |

**4** Made in “Four Opinions” + “Fill in the Gaps”

- |                   |                |
|-------------------|----------------|
| 1. best           | 8. rock        |
| 2. worst          | 9. relying     |
| 3. comforted      | 10. unreliable |
| 4. through        | 11. nowhere    |
| 5. ups and downs  | 12. managed    |
| 6. no matter what | 13. my own     |
| 7. there for      |                |

**5** Created in the “Rephrase with Word Given” tool.

1. I will always be there for you, no matter what.
2. Unfortunately, the weather forecast is unreliable, so we should be prepared for anything.
3. I prefer to complete all tasks at work on my own.
4. She hugged her friend trying to comfort her after a hard day at work.
5. With your support, I know I can get through this challenging situation.
6. He saw me at my best and worst, so he really knows who I am.
7. Our relationship has survived through all the ups and downs life has thrown at us.
8. I want you to know that I will always be there for you.
9. You can rely on me to help you with anything you need.
10. He has always been my rock during hard times.
11. Despite the problems, she managed to complete the project on time.

**6** Created in the “Audio & Video Discussion Questions” and “Lead-in Activity” tools.