

The Healthy Talk

🔦 B1 Level

🔦 Duration: 1 h

🔦 Age: adults

🔦 Individual lesson

🔦 Main focus

The student can exchange, check and confirm information, deal with less routine situations and explain why something is a problem.

1

Warm-up

**Exercise 1: Watch the video. What is happening in the video?
Describe the situation in a couple of sentences.**

**2**

Vocabulary

Exercise 2: Find the matching halves of the phrases that people usually use in the hospital:

- | | |
|-------------------------------|---------------------------------|
| 1. to get a sick | a. a prescription for something |
| 2. to examine | b. a blood test |
| 3. to wait in | c. a patient |
| 4. to check-in | d. at the front desk |
| 5. to make an | e. the waiting room |
| 6. to give | f. symptoms |
| 7. to do | g. note |
| 8. to describe | h. an appointment with a doctor |
| 9. to give a medical referral | i. to another doctor |
| 10. to reschedule | j. online appointment |

3

Speaking

Exercise 3: Sort the following conversations into categories given below.

Talking to a
receptionist

First visit and
examination

Instructions
from your
doctor

Asking for a
document to
prove that you
were sick

twee

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- 1
- Can I make an appointment for next Wednesday at 2pm?
 - Yes, this time is available. What's your name and phone number?

- 2
- I feel very bad.
 - I see. Can you describe the symptoms, please?

- 3
- I need to reschedule my appointment for tomorrow.
 - Okay, what day and time works better for you?

- 4
- Here's a prescription for your allergy medication.
 - Thank you, when should I take it?

- 5
- I need to examine your throat. Can you open your mouth wide?
 - Sure, ah...

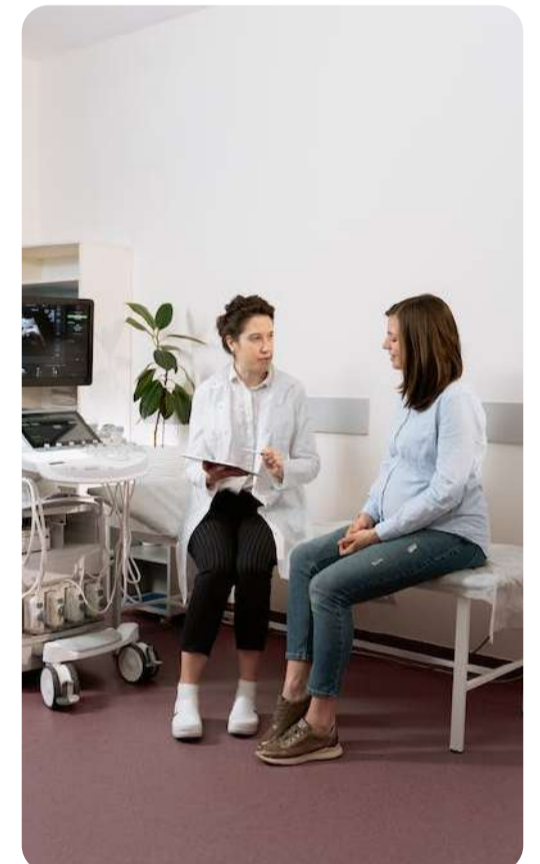
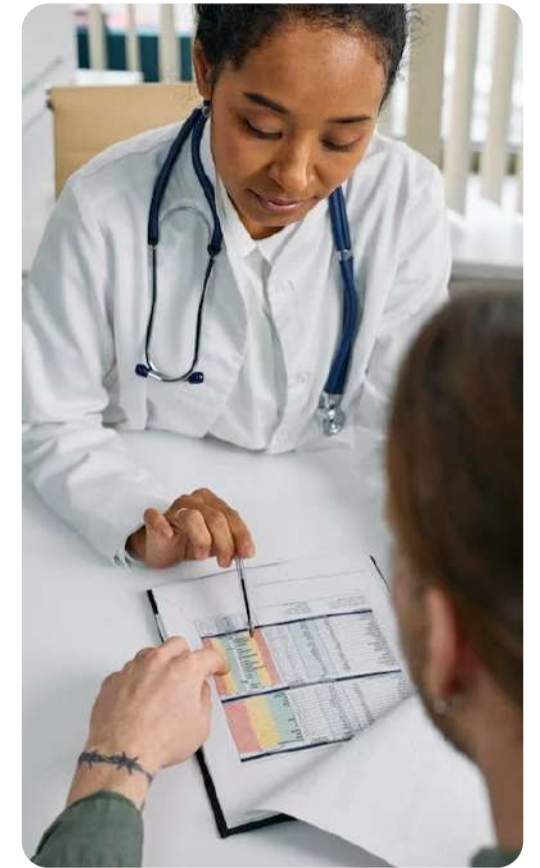
- 6
- Please wait in the waiting room until your name is called.
 - Okay, thank you.

- 7
- Excuse me, the nurse said I need to check-in at the front desk.
 - Of course, can I see your ID, please?

- 8
- We need to do a blood test to check your iron levels. Make an appointment as soon as possible.
 - Alright.

- 9
- Can I get a sick note for my employer?
 - Of course, I'll write one for you now.

- 10
- I recommend that you see a specialist for your condition. Here's a referral to Dr. Smith.
 - Thank you, I'll schedule an appointment with him.



Exercise 4: Fill in the gaps. Then role play these situations with your teacher/partner, using your own details. You can use the questions and expressions from the dialogues as a basis for your conversation.

reschedule

examine

see you on

prefer

make an appointment with

do a blood test

prescribe

describe your symptoms

referral to

sick note

[At the front desk]

Patient: Good morning, I would like to ____ (1) Dr. Linn.

Receptionist: Good morning! What day and time do you ____ (2)?

Patient: How about Thursday at 2 pm?

Receptionist: Alright then, ____ (3) Thursday!

[On the day of the appointment]

Doctor: Hello, how are you feeling today?

Patient: I have headaches and pain in my body.

Doctor: Okay, let me ____ (4) you. Can you ____ (5) more in detail?

Patient: I feel tired all the time and sometimes I have a fever. Also, my throat hurts.

Doctor: Well, I'll ____ (6) some painkillers. You should also ____ (7) to check if it's anything else.

Patient: Okay, thanks.

[A phone call from a doctor]

Doctor: Hi, how are you feeling now?

Patient: Better, thank you, doctor. But I need to ____ (8) because I'm still not well enough to go to work.

Doctor: Sure, no problem. You need a ____ (9), right?

Patient: Yes, please.

Doctor: Here you go. If you still feel bad after the medication is finished, we can give you a medical ____ (10) a specialist.

Patient: Thanks for everything, Doctor.

Doctor: Take care.

Exercise 5: What would you say in the following situations:

Example: You need to see a specialist for your back pain:

Can you give me a referral to a specialist for my back pain?

1. You are making an appointment.
2. You are rescheduling an appointment.
3. You are describing symptoms.
4. You need a sick note for work or school.



Correct answers and teaching tips

Exercise 1

They are in hospital visiting an eye doctor. Rachel has an infection in her eye. Rachel is scared. Doctor tries to examine her but she doesn't let him. Doctor gives her eye drops.

Exercise 2

Created in the "Matching Halves" tool

1. g
2. c
3. e
4. d
5. j
6. a
7. b
8. f
9. l
10. h

Exercise 3

Created in the "Communicative situations" tool

Talking to receptionist - 1, 3, 6, 7
First visit and examination - 2, 5
Instructions from your doctor - 4, 8, 10
Asking for a document to prove that you were sick - 9

Exercise 4

The text was created in the "Create a dialogue" tool (topic + target vocabulary). The exercise was made in the "Fill in the Gap" tool.

1. make an appointment with
2. prefer
3. see you on
4. examine
5. describe your symptoms
6. prescribe
7. do a blood test
8. reschedule
9. sick note
10. referral to

Exercise 5

Created in the "Create a text" tool.

Possible answers:

1. Hi, I'd like to make an appointment to see the doctor.
2. Hi, I need to reschedule my appointment for next week.
3. I feel really tired and have a headache/pain in my body/etc.
4. Can I get a sick note please? I won't be able to come to work/school today