

Beauty Beyond Bias

⚡ Duration: 1 h

⚡ Age: adults

⚡ B2 level

⚡ Individual lesson

⚡ Main focus:

Can understand recordings in the standard form of the language and identify speaker viewpoints and attitudes as well as the information content.

Can describe the personal significance of events and experiences in detail.

1

Warm-up: listening

**Exercise 1. Watch the commercial. What is its main idea?
Let's discuss the following questions:**



1. How do you define beauty?
2. Do you think society's standards of beauty are realistic?
3. How can we promote acceptance and diversity in terms of beauty standards?



Exercise 2. Put the sentences in the right order to create the summary of the video.

- However, these women refuse to be defined by anyone's expectations.
- They have been judged based on their appearance rather than their abilities.
- The video is about women who have been told that they are too pretty, fat, masculine, or skinny to do certain things.
- They choose to embrace their unique beauty and capabilities.
- Because they believe that their looks have nothing to do with their skills and accomplishment.

2

Vocabulary

Exercise 3: Match the words with their definitions based on the context where the words are used (in the previous exercise).

- a. using something as a foundation or starting point for something else _____
- b. natural or acquired skills or talents that help someone do something well _____
- c. to say no to something or someone _____
- d. to accept or welcome something happily _____
- e. the abilities to do something well, usually gained through practice or experience _____
- f. things that someone is able to do or achieve _____
- g. not connected with something _____
- h. the way that someone or something looks, especially their physical features or clothing _____
- i. to allow other people's beliefs about you to shape how you see yourself _____
- j. good results that someone has got in their life, career, or personal goals _____
- k. to have someone form an opinion or make a decision about you based on your actions, behavior, or performance _____

accomplishments

abilities

have nothing to do with

to be judged

to refuse

capabilities

to embrace

appearance

to be defined by expectations

based on

skills

3

Reading

Exercise 4: Fill in the blanks in the dialogue with the following sentences and then answer the questions:

Katie: "Hey, Mike. Can I talk to you for a minute about something?"

Mike: "Sure, what's up?"

Katie: "_____ (1). I don't like this vibe. And I don't feel safe."

Mike: "Yeah, it's frustrating. _____ (2)."

Katie: "Exactly. We need to do something about this."

Mike: "I agree. _____ (3)?"

Katie: "Let's also speak up when we see someone else being judged unfairly."

_____ (4)."

Mike: "Absolutely. Stereotypes have nothing to do with someone's skills or accomplishments."

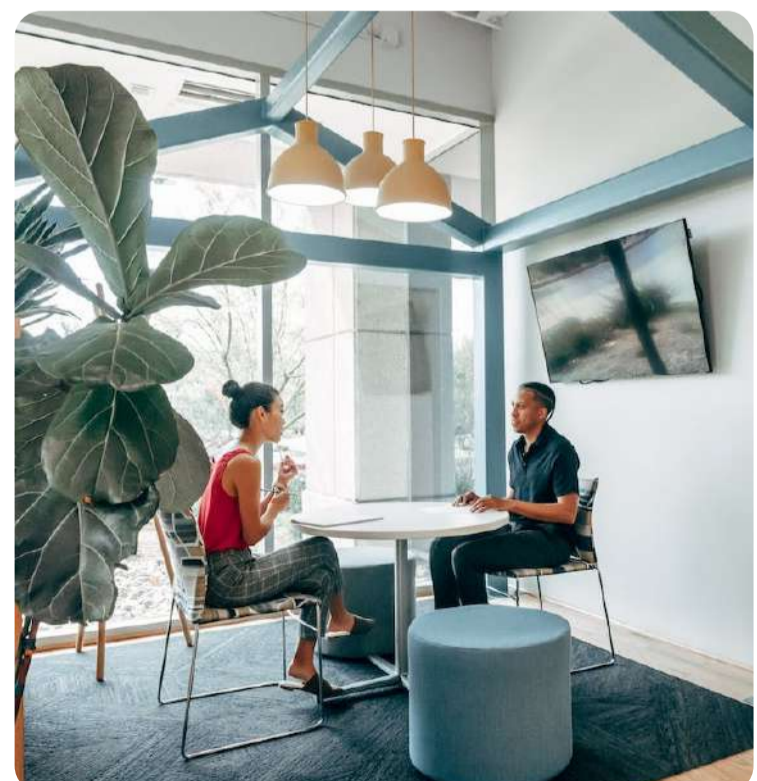
Katie: "_____ (5)?"

Mike: "Great idea! We could also suggest some training sessions or workshops that raise awareness of hidden prejudices."

Katie: "Awesome!"

_____ (6)."

Mike: "Yes, that would be inspiring!"



The sentences:

- People should be judged by their abilities, not just appearance or cultural background.
- It's important to stand up for each other.
- I've been thinking about our team and how many people are judged based on some stupid stereotypes.
- And maybe we could also share success stories of people who have overcome stereotypes and succeeded in their careers.
- What can we start with?
- Should we also bring it up in our next team meeting?

The questions about the dialogue:

What is Katie's concern about their team?

What are Katie and Mike planning to do to address the issue?

4

Speaking

Exercise 5:

Think of the situations where you or the people you know were judged based on their appearance/age/background etc., then come up with possible actions you could've taken to change the situation. Explain why your actions could've made a difference. Use at least 3 words or phrases from Exercise 3.



Correct answers

Exercise 1

Made in “Discussion questions for a YouTube video”.

Exercise 2

Made in “Three summaries”.

Correct answer:

The video is about women who have been told that they are too pretty, fat, masculine, or skinny to do certain things. They have been judged based on their appearance rather than their abilities. However, these women refuse to be defined by anyone's expectations. They choose to embrace their unique beauty and capabilities. Because they believe that their looks have nothing to do with their skills and accomplishments.

Exercise 3

Made in “Word-definition Matching”.

- | | |
|-----------------|----------------------------------|
| a. based on | g. have nothing to do with |
| b. abilities | h. appearance |
| c. to refuse | i. to be defined by expectations |
| d. to embrace | j. accomplishments |
| e. skills | k. to be judged |
| f. capabilities | |

Exercise 4

Made in “Create a dialogue”.

1. I've been thinking about our team and how many people are judged based on some stupid stereotypes.
2. People should be judged by their abilities, not just appearance or cultural background.
3. What can we start with?
4. It's important to stand up for each other.
5. Should we also bring it up in our next team meeting?
6. And maybe we could also share success stories of people who have overcome stereotypes and succeeded in their careers.

Correct answers to questions:

Katie is concerned that many people on their team are judged based on stereotypes.

Katie suggests speaking up when they see someone else being judged unfairly. They also think of training sessions or workshops that can raise awareness of prejudices and share success stories of people who have overcome stereotypes and succeeded in their careers.

Exercise 5

Created in the “Lead-ins” tool.