

# Chart Your Own Path

⚡ Duration: 1 h

⚡ Age: adults / teens

⚡ A2 level

⚡ Group lesson

⚡ Necessary background

Students are familiar with Past Simple.

⚡ Main focus:

Students can answer simple questions and respond to simple statements in an interview;  
Students can write a series of simple sentences linked with simple connectors like 'and,' 'but' and 'because';  
Students can understand most of what people say about themselves in a personal ad or post.

**1**

## Station 1: Speaking and writing (15 min)

**Interview your partner by asking these questions and write down their answers in 3rd person.**

1. Did you spend time with family, friends or alone during this summer?
2. Did you travel anywhere during this summer?
3. Did you try any new activities or hobbies over the summer?
4. What was your favorite memory from this summer?

**2**

## Station 2: Reading and grammar (15 min)

**Read Tom's Instagram post and put the verbs in the right form.**

Last summer, I \_\_\_ (go) on a solo hiking trip in the Balkans. It \_\_\_ (be) an amazing experience! I \_\_\_ (pack) my backpack with everything I \_\_\_ (need) and set off early in the morning. The scenery was breathtaking - mountains, forests, and rivers everywhere. I \_\_\_ (walk) for hours and hours, taking breaks only to rest and eat some snacks.

One day, I got \_\_\_ (get) lost and \_\_\_ (end up) walking for longer than I \_\_\_ (plan), but eventually, I \_\_\_ (find) my way back to the trail.

Every night, I set up my tent in a quiet spot and \_\_\_ (cook) some dinner. The stars \_\_\_ (be) so bright, and it \_\_\_ (be) very peaceful. I \_\_\_ (feel) so free and independent.

I also \_\_\_ (meet) some friendly locals who \_\_\_ (show) me the best trails and \_\_\_ (give) me tips on where to find good food. One day, I even \_\_\_ (go) swimming in a crystal-clear lake. It \_\_\_ (be) refreshing after a long day of hiking.

I feel proud of myself for completing such a challenging journey and discovering new places. I can't wait to plan my next hiking trip! [#soloadventures](#) [#balkanshiking](#) [#naturelover](#) [#travelgram](#)

**⚡ Glossary**

**set up** - to build something or put something somewhere.

**set off** - to start a journey or begin a trip.

## Mark the sentences below as True/False.

1. The author went on a hiking trip with friends \_\_\_\_
2. The author packed all the things that he needed \_\_\_\_
3. The scenery on the trip was unimpressive \_\_\_\_
4. The author never got lost on the trip \_\_\_\_
5. The author stayed in hotels every night \_\_\_\_
6. The author didn't interact with any locals on the trip \_\_\_\_
7. The author went swimming in a lake during the trip \_\_\_\_



## 3

## Station 3: Watching a video (15 min)

### Choose the right summary of the video.

#### Glossary

**immediately** - without delay.

**to grow into it** - to slowly become comfortable with a new situation.



The speaker talks about her first solo trip to Marbella for a conference. She shares her unexpected feelings of sadness and fear during the trip. However, she enjoyed the experience and would recommend it to anyone. She believes that solo travel is the best way to explore new places and meet new people. She thinks that everyone should try it at least once in their life. She did not have any negative thoughts during her solo trip.

The video talks about the benefits of solo travel for personal growth and development. The speaker shares her own experiences of how solo travel helped her become more independent and confident. She also discusses the challenges of solo travel and provides tips on how to overcome them. The video highlights the different types of solo travel, such as backpacking, luxury travel, and adventure travel.

The speaker talks about her first solo trip to Marbella for a conference. She shares her unexpected feelings of sadness and fear during the trip. She admits that it was not a good experience but she didn't give up easily. She decided to go on another solo trip to see if she could grow into enjoying it. She asks the audience if they have had similar experiences with solo trips.

### Select the right answer to each of the following questions.

1. What was the speaker's reaction to staying in a hotel room alone for the first time?

- a) Happy and excited
- b) Sad and scared
- c) Bored and indifferent
- d) Relieved and relaxed

2. Did the speaker enjoy her first solo travel experience?

- a) Yes, it was a great experience
- b) No, it was not a good experience
- c) She didn't say
- d) It was a mixed experience

## twee

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3. Did the speaker give up on solo travel after her first experience?

- a) Yes, she gave up immediately
- b) She didn't say
- c) No, she didn't give up easily
- d) She was unsure

4. Did the speaker enjoy solo travel immediately or did it take time to grow into it?

- a) She enjoyed it immediately
- b) She still doesn't enjoy it
- c) She didn't say
- d) She thinks it will take time to grow into it

### 4

## Station 4: Group speaking (with the teacher)

### Answer the following questions:

1. Have you ever been on a solo trip? If yes, when and how was it?
2. Do you think traveling alone is a good way to learn about yourself?
3. What are some benefits of traveling alone?

**Brainstorm 6-8 things everybody should do when preparing for a solo trip.**





## Correct answers and tips

### Station 1: Speaking and writing (15 min)

The questions were made with the help of the “Discussion questions” tool.

### Station 2: Reading and grammar (15 min)

went, was, packed, needed, walked, got, ended up, planned, found, cooked, were, was, felt, met, showed, gave, went, was

1. False (The author went on a solo hiking trip.)
2. True
3. False (The scenery was breathtaking.)
4. False (The author got lost one day.)
5. False (The author set up a tent every night.)
6. False (The author met some friendly locals.)
7. True

The text was made with the help of the “Create a text” tool. The exercise was made in the “Create True/False statements” tool.

### Station 3: Watching a video (15 min)

The correct summary is: 3

ABCD answers: 1. b, 2. b, 3. c, 4. d

The exercise with summaries was made with the help of the “YouTube Summaries” tool. The multiple choice exercise was made in the “ABCD Questions” tool.

### Station 4: Group speaking (with the teacher):

The questions were made in the “Create warm-up discussion questions for a video”.

Timing	Group 1	Group 2	Group 3	Group 4
00-15	Station 1	Station 2	Station 3	Station 4
16-30	Station 2	Station 1	Station 4	Station 3
31-45	Station 3	Station 4	Station 1	Station 2
46-60	Station 4	Station 3	Station 2	Station 1

#### Useful information

**Station rotation** is a teaching model in which students are **divided into small groups** and move through a series of **learning stations**. Each station is set up with a different activity or task that is designed to **reinforce English language skills**.

They spend a **specific amount of time** at each station before rotating to the next one (10-15 min)