

Brunch – A New and Popular Meal

🔦 B1 Level

🔦 Duration: 40 min

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Warm-up

Exercise 1: Look at the pictures. Discuss the questions below



- What kinds of food do you see in the pictures?
- When can they be served?

Vocabulary and Reading

Exercise 2: Read and say what the main idea of the text is

Brunch is a meal that has become increasingly popular over the years. It usually combines breakfast and lunch, so you can have all your favorite foods in one sitting. It's also a great way to get together with friends or family and spend some quality time together.

The best part about brunch is that it's usually served at a leisurely pace. You can take your time and enjoy each course of your meal. There's no rush to finish quickly like there would be with a traditional breakfast or lunch.

Brunch is also a great way to try out new dishes and flavors. From pancakes and waffles to omelettes and french toast, there are endless possibilities. Plus, you don't have to stick to just one type of food. You can mix and match different items and create something unique.

Finally, brunch is a great way to socialize and catch up with friends. You can chat and enjoy each other's company while enjoying delicious food. It's a great way to start the day off on a positive note.

All in all, brunch is a great way to relax and have fun with friends and family. So why not give it a try?

Exercise 3: Match the highlighted words with their meaning

- a. To meet with a group of friends to do something enjoyable.
- b. To combine different items or elements in order to create something new and different.
- c. To choose only one type of food, especially when there are many other types available.
- d. Something that is unusual and not like anything else.
- e. A large number of opportunities or choices.
- f. Used to say that there is no need to hurry.
- g. To spend as much time as necessary doing something.
- h. At a relaxed speed, not in a hurry.
- i. Time spent with someone that you care about, doing something that you both enjoy.
- j. To meet with someone, usually for social reasons.
- k. In one period of time without stopping.
- l. Becoming more and more popular.

Exercise 4: Read the text again and answer the questions

1. What is brunch?
2. How does it differ from a traditional breakfast or lunch?
3. What are some of the dishes that can be served at brunch?
4. What makes brunch unique compared to other meals?
5. Why is brunch a great way to socialize and catch up with friends?
6. What are some advantages of having brunch instead of a regular meal?
7. What kind of atmosphere does brunch usually have?
8. What types of foods can you mix and match to create something unique for brunch?
9. How long does it typically take to enjoy a brunch meal?
10. What are some reasons why someone should try out brunch?

3**Speaking****Exercise 5: Discuss the list of advantages and disadvantages with the teacher. Do you agree with all of them? Choose 1-3 topics to speak about****Advantages:**

1. Time-friendly food option – a single brunch combines breakfast and lunch, so neither needs to be cooked separately.
2. Variety of flavors combined in one meal; something for everyone making it ideal for family meals or entertaining.
3. Brunch is fun and a great way to socialize.
4. Can easily be made healthy using fresh fruits and vegetables as well as lean proteins.
5. Relatively inexpensive compared to hosting dinner events

Disadvantages:

1. May cause confusion about which types of foods should be included; not all items traditionally considered breakfast foods are appropriate for brunch.
2. Timing of cook preparation can become very complex because different components require different cooking times.
3. Serving quickly at peak temperature may prove challenging due to its wide array of components.
4. Guests may find themselves trying to tackle too many new dishes at once during a big evening brunch.
5. Brunch requires both breakfast and lunch dishes, therefore doubling the expense of any regular meal.

Homework

Exercise 6: Match the halves to make phrases

increasingly	time
in one	rush
take your	sitting
get together	of food
quality	friends
there's no	popular
endless	unique
stick to one type	pace
at a leisurely	match
mix and	possibilities
create something	time
catch up with	with

Exercise 7: Read and fill in the missing words. One word in extra

delicious, met, variety, maple, brunch, catch, weekends, savoring, quality, endless

Alice and her friends were always looking for something fun to do on the _____. One day, they decided to try out brunch. They all _____ up at a local cafe and ordered a _____ of dishes.

Alice started with a plate of pancakes and waffles, topped with _____ syrup and fresh fruit. Her friend Tom had an omelette with cheese and mushrooms. Meanwhile, Sarah opted for french toast and scrambled eggs.

They all took their time _____ each bite and chatting about their week. It was a great way to _____ up and enjoy some _____ time together.

After brunch, Alice and her friends felt energized and ready to take on the day. They thanked the waiter and left feeling happy and content.

_____ is a wonderful way to spend time with friends and family while enjoying _____ food. So why not give it a try?

Exercise 8: Write a text or record an audio about your favourite meal

What is it? In which part of the day is it served? What food is usually served? Why do you like this meal?

Process and correct answers

Exercise 1: Look at the pictures. Discuss the questions below

For the warm-up I found pictures in google and made up two starter-questions by myself.

Exercise 2: Read and say what the main idea of the text is

I used the "Create a text" tool to prepare a text for reading and chose the genre "story". I pasted in the topic of the lesson - "brunch".

Exercise 3: Match the highlighted words with their meaning

After that I highlighted the phrases I wanted to present and practice at the lesson. I chose the tool "Create a matching exercise-word definition", copied and pasted the chosen phrases from the text with a comma.

Correct answers:

- | | | |
|------------------------------|--------------------------|-------------------------|
| a. catch up with friends | e. endless possibilities | i. quality time |
| b. mix and match | f. there's no rush | j. get together with |
| c. stick to one type of food | g. take your time | k. in one sitting |
| d. something unique | h. at a leisurely pace | l. increasingly popular |

Exercise 4: Read the text again and answer the questions

To make questions to the story I used the "Create open questions to the text" tool. I just copied and pasted my text. Twee gave me both questions and possible answers.

Correct answers:

1. Brunch is a meal that combines breakfast and lunch, so you can have all your favorite foods in one sitting.
2. Brunch is usually served at a leisurely pace, allowing you to take your time and enjoy each course of your meal. There's no rush to finish quickly like there would be with a traditional breakfast or lunch.
3. Pancakes and waffles, omelettes, french toast, and many other dishes can be served at brunch.
4. Brunch allows you to mix and match different items and create something unique.
5. Brunch is a great way to socialize and catch up with friends because you can chat and enjoy each other's company while enjoying delicious food.
6. The advantage of having brunch instead of a regular meal is that it's usually served at a leisurely pace, allowing you to take your time and enjoy each course of your meal. It also allows you to mix and match different items and create something unique.
7. Brunch usually has a relaxed atmosphere.
8. You can mix and match different items such as pancakes and waffles, omelettes, french toast, and many other dishes to create something unique for brunch.
9. It typically takes longer to enjoy a brunch meal than a regular meal since it's usually served at a leisurely pace.
10. Some reasons why someone should try out brunch include being able to have all your favorite foods in one sitting, taking your time to enjoy each course of your meal, trying out new dishes and flavors, and socializing and catching up with friends.

Exercise 5: Discuss the list of advantages and disadvantages. Do you agree with all of them? Choose 1-3 topics to speak about

I used the “Create a list of advantages and disadvantages on the given topic” tool to make lists with advantages and disadvantages. In the topic section I typed “brunch”. Twee gave me 10 advantages and 10 disadvantages. I took 5 of each that best suited the student’s level.

Exercise 6: Match the halves to make phrases

I came up with this task myself.

Exercise 7: Read and fill in the missing words. One word in extra

For homework I needed a text similar to the one we had at the lesson. I used the “Create a text” tool, pasted the text from the lesson in the field and chose the genre story.

Then I used the new text to make a fill in the gap exercise with the tool “Fill in the gap”.



Correct answers:

weekends, met, variety, maple, savoring, catch up, quality, brunch, delicious

Exercise 8: Write a text or record an audio about your favourite meal

I came up with this task myself.