

Exploring Your True Self

🔦 A2+ Level

🔦 Duration: 1 h

🔦 Individual lesson

🔦 Age: adults, teens

🔦 Lesson goals

Students can write a series of simple phrases and sentences linked with simple connectors like 'and,' 'but' and 'because'.

Students can describe everyday aspects of his/her environment (e.g. people, places, a job or study experience) in speech and writing.

1

Warm-up

Exercise 1: What is “Sagittarius”? What do you think this lesson is going to be about? What do you know about this topic?

“ I’m a Sagittarius. I’m blindly optimistic, I love to travel, I’m always up for adventure, but also always want something new. ”

- Taylor Swift,
born on December 13, 1989

2

Vocabulary

Exercise 2: Match the words with their definitions.

- a. able to wait for a long time without getting upset
- b. having or showing a lot of enthusiasm
- c. to use creativity and innovation to find solutions
- d. focusing on real-world problems and solutions
- e. often experiencing strong emotions such as happiness, sadness, anger, or fear
- f. feeling sure about what their can do
- g. the state of being free from external control
- h. kind and showing interest in the well-being of others
- i. willing to take risks and try new experiences
- j. being able to plan and manage tasks effectively
- k. interested in learning something new by asking questions or exploring
- l. can to do things well and on time
- m. enjoying spending time with other people
- n. having a strong and passionate character, often showing extreme emotions

patient

curious

confident

social

energetic

practical

intense

think differently

responsible

caring

adventurous

freedom

emotional

organised

Reading

Exercise 3: Do you know your zodiac sign?

There are twelve signs for different times of the year. Here is some information about each of them. Fill in the gaps in the text with the following words.

patient and practical

organised

confident

responsible

social and curious

confident and energetic

caring

freedom

social

practical and freedom-loving

intense and emotional

adventurous

imaginative

creative

think



Aries is a _____(1) sign. They are not afraid to take risks and always have a lot of enthusiasm to do things.



Libra is a _____(9) and caring sign. They love to be around people and help others.



Taurus is a _____(2) sign. They like to take things slow and think things through before making decisions.



Scorpio is an _____(10) sign. They feel things very deeply and can be very passionate.



Gemini is a _____(3) sign. They love to talk to people and learn new things. They are very adaptable and can _____(4) differently than others.



Sagittarius is an _____(11) and curious sign. They love to explore and learn new things.



Cancer is an emotional and _____(5) sign. They are very sensitive and care deeply about their loved ones.



Capricorn is _____(12). They are very focused on their goals and work hard to achieve them.



Leo is a very _____(6) sign. They love to be the center of attention and have a strong sense of _____(7).



Aquarius is a _____(13) sign. They like to do things their own way and think outside the box.



Virgo is a _____(8) sign. They are very detail-oriented and like to have everything in order.



Pisces is a highly sensitive and _____(14) sign. They see things from a different perspective and their rich imagination makes them very _____(15).

4

Vocabulary practice

Exercise 4: Make sentences from these words.



Note

Use “a/an” to talk about your or someone’s sign: “I am a Capricorn”

Don’t use the article when you are talking about general characteristics of signs:

”Capricorns are patient”.

Example:

brother/intense/passionate/Scorpio

His brother is intense and passionate because he is a Scorpio.

1. sister / Taurus / comfort / stability / life
2. Gemini / curious / learn / new
3. grandma / emotional / cares / others / Cancer
4. Leo / outgoing / center / attention
5. wife / practical / details / pays / Virgo
6. adventurous / exploring / new / but / Taurus

5

Speaking

Exercise 5: Imagine that you asked 5 people of different Zodiac signs, “How was your day?”. Read their replies and guess who said each sentence. Explain why, use the words from the previous exercise.

Example:

I think it’s a ____, because they are _____ and _____

1. “My day was amazing, just like me! Everything went perfectly.”
2. “It was a serious day, focused on work and responsibilities.”
3. “I had a great day, spent time with family and friends. It was really nice!”
4. “My day was full of adventures and new experiences. I loved it!”
5. “It was a peaceful day, just like a lazy Sunday afternoon.”

6

Writing

Exercise 6: Choose the task that you like the most and write 5–7 sentences about it. Use at least four target vocabulary words from the lesson.

- You are a social media influencer who loves astrology. Write a **post** about your zodiac sign. Share your favorite characteristics and how they impact your daily life.
- You have just read an article about zodiac signs and their impact on personality. Write a **comment** on the article, discussing whether you agree or disagree with the author's viewpoint.
- Write a **short social media post** about your zodiac sign and how it matches with your best friend's/partners sign.



Correct answers and teaching tips

Exercise 1

Teacher tip

You can also ask one of these questions to encourage your student to speak.

1. How many zodiac signs are there?
2. Do you believe in horoscopes and astrology?
3. Have you ever read your daily horoscope?
4. Have you ever used horoscopes to make decisions or choices?

Exercise 2

- | | |
|----------------------|----------------|
| a. patient | h. caring |
| b. energetic | i. adventurous |
| c. think differently | j. organized |
| d. practical | k. curious |
| e. emotional | l. responsible |
| f. confident | m. social |
| g. freedom | n. intense |

Exercise 3

- | | |
|----------------------------|----------------------------|
| 1. confident and energetic | 9. social |
| 2. patient and practical | 10. intense and emotional |
| 3. social and curious | 11. adventurous |
| 4. think | 12. responsible |
| 5. caring | 13. practical and freedom- |
| 6. confident | loving |
| 7. freedom | 14. imaginative |
| 8. organised | 15. creative |

Exercise 4

Possible answers:

1. My sister is a Taurus, so she enjoys comfort and stability in life.
2. Gemini is curious and loves to learn new things.
3. My grandma is emotional and cares deeply about others, because she is a Cancer.
4. Leo is outgoing and loves to be the center of attention.
5. Virgo is practical and pays attention to details.
6. I want to be adventurous and exploring new stuff, but I'm a Taurus.

Exercise 5

Possible answers (keep in mind that there are no correct answers, the aim of the task is to help your student come up with a sentence using the target vocabulary):

1. Leo
2. Capricorn
3. Cancer
4. Sagittarius
5. Taurus