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Five Languages of Love

🔮 B2 Level

🔮 Duration: 45 min

Group lesson

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Warm-up






Exercise 1. Put the words in the correct order to reconstruct quotes by famous people. Which one can you relate to?

1. inhabiting / composed / a / is / "Love / two / of / soul / bodies." / single (Aristotle)
2. is / you / tells / who / about / new / when / someone / something / meet / yourself." / you / "Love (Andre Breton)
3. set / is / friendship / a / music." / to / "Love (Joseph Campbell)
4. an / "Love / is / force." / untamed (Paulo Coelho)
5. imagination." / by / by / and / embroidered / "Love / is / a / canvas / nature / furnished (Voltaire)

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Pre-listening

Exercise 2. There is a theory developed by Dr. Gary Chapman, which says that there are different languages of love. Let's brainstorm some ideas about what they can be.

	Languages of love	
		

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Listening

Exercise 3. Watch the video and answer the questions.



1. What situation provided the example of misunderstanding between a husband and wife?
2. What are the five love languages?
3. What is the most enjoyable thing for the speaker and his girlfriend?
4. What is the speaker's primary and secondary love language?
5. How can understanding and meeting someone's love language help an existing relationship?
6. Why does the speaker not just accommodate his girlfriend's need for words of affirmation?
7. What advice does the speaker give for finding an ideal romantic partner?
8. Can speaking someone's love language be enjoyable, even if it isn't natural to you?

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Reading

Exercise 4: The 5 languages of love are physical touch, quality time, receiving gifts, words of affirmation, acts of service. Read the text and fill in the blanks.

The concept of "languages of love" is a popular one, referring to the notion that there are different ways in which people express and receive love. It has been proposed that there are five distinct languages of love: words of **affirmation**, acts of service, receiving gifts, quality time, and physical touch. Each language reflects an individual's primary way of expressing and experiencing love.

For those whose primary language is ____ (1), verbal expressions of love and appreciation are **paramount**. They feel most loved when their partner acknowledges them with compliments or sincere words of gratitude.

For those whose primary language is ____ (2), **tangible** actions such as doing chores or running errands can be deeply meaningful.

Those whose primary language is ____ (3) may feel most loved when their partner takes the time to find something special for them.

____ (4) speaks to the desire to spend focused, undistracted time together. This could include going on dates, engaging in shared activities, or simply sitting and talking.

Finally, those whose primary language is ____ (5) often respond best to physical expressions of **affection** such as hugs, kisses, and cuddles.

In order to cultivate healthy relationships, it is important to understand each other's primary language of love. By taking the time to learn how our partners prefer to show and receive love, we can create more meaningful connections and ensure that our relationships remain healthy and strong.

Glossary

affirmation, n. - an act of confirming or agreeing to something

paramount, adj. - most important and more powerful than anything else

tangible, adj. - something that can be touched or felt

affection, n. - a feeling of liking and caring for someone

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Speaking

Rank the 5 languages of love.

Which one would you put at the top of your list?

Which one is less important to you?



words of affirmation



physical touch



receiving gifts



acts of service



quality time

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Game

Write down examples of how people can express affection. Write one example on one sheet of paper. Don't write the name of the love language you are giving examples for. Fold the paper and put it in a box. Now let's read and guess what language of love the examples are about.

Correct answers



Warm-up

Exercise 1. Put the words in the correct order to reconstruct quotes by famous people. Which one can you relate to?

1. "Love is composed of a single soul inhabiting two bodies." - Aristotle
2. "Love is when you meet someone who tells you something new about yourself." - Andre Breton
3. "Love is a friendship set to music." - Joseph Campbell
4. "Love is an untamed force." - Paulo Coelho
5. "Love is a canvas furnished by Nature and embroidered by imagination." - Voltaire



Listening

Exercise 3. Watch the video and answer the questions.



1. The husband was providing acts of service, while the wife's love language was words of affirmation.
2. The five love languages are Words of Affirmation, Quality Time, Receiving Gifts, Acts of Service, and Physical Touch.
3. When they cook an amazing dinner and sit down and spend time with each other, or when they go on a date and just spend time together.
4. The speaker's primary love language is Quality Time, followed by Physical Touch.
5. By allowing you to meet their needs and make them feel loved.
6. It is enjoyable for him to do it for her, even though he does not need it himself.
7. To pick someone who has a similar disposition as you, so that you can meet each other's love language needs without too much effort.
8. Speaking someone's love language can be enjoyable, even if it isn't natural to you, as long as you make an effort to understand it.



Reading

Exercise 4: The 5 languages of love are physical touch, quality time, receiving gifts, words of affirmation, acts of service. Read the text and fill in the blanks.

1. words of affirmation
2. acts of service
3. receiving gifts
4. quality time
5. physical touch