

Grammar: Present Simple

🔦 Grammar worksheet 🔦 Age: adults / teens 🔦 A1-A2 Level

1

When and how do we use Present Simple? Fill in the blanks in the rule:

-s or -es all the time he she it regularly
timetables plays true schedules

The present simple is a verb tense used to talk about things that happen ____ (1) or ____ (2).

To form the present simple, you just need to add an - ____ or - ____ (3) to the end of the verb when the subject is ____ (4), ____ (5), or ____ (6). For example, "I play tennis" becomes "She ____ (7) tennis."

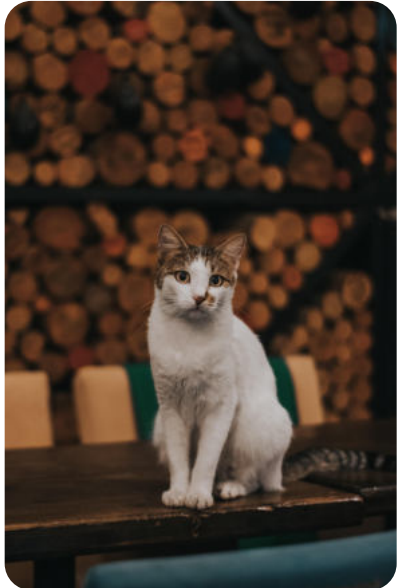
We also use the present simple to talk about facts that are always ____ (8), like "Water boils at 100 degrees Celsius."

Another way we use the present simple is to talk about ____ (9) or ____ (10). For example, "The train leaves at 7:00 every morning."

2

Sort the following sentences into three categories mentioned in the rule:

1. They usually watch a movie on Friday nights.
2. My cat always jumps on the table when I'm not looking.
3. We have a meeting with the boss tomorrow at 10 am.
4. The concert starts at 7 p.m. tonight.
5. I usually take a shower before going to bed.
6. The sun rises in the east and sets in the west.
7. The plane arrives at 10:00 pm tomorrow.
8. Cats hate water and love to sleep.
9. Water freezes at 0 degrees Celsius.



3

Put the verbs in the correct form in the text. Read the text.

Sara __ (be) a digital nomad. She _____(travel) around the world and __ (work) on her computer. She _____ (love) this lifestyle because she can work from anywhere and explore new places. Today, she ____ (be) in Bali. She usually _____ (wake up) early and ____ (go) for a run on the beach. The water ____ (be) always warm there and the plants ____ (be) always green. After her run, she ____ (go) to a café to work. She ____ (order) a coffee and ____ (open) her laptop. She ____ (have) a lot of work to do today, but she ____ (mind). She ____ (like) the freedom her job ____ (give) her. In the afternoon, she ____ (take) a break and ____ (go) for a swim in the ocean.

After work, she ____ (go) to a local restaurant and ____ (try) some traditional Balinese food. She ____ (enjoy) the flavors and the spices. Finally, she ____ (go) back to her accommodation, which ____ (be) a small villa with a view of the ocean.

4

Correct mistakes in the questions to the text and then answer them:

1. Who Sara and what she does?
2. Why is Sara love the digital nomad lifestyle?
3. Where is Sara today, and what is she do in the morning?
4. What do Sara do after her run on the beach?
5. Does Sara has a lot of work to do today? How do she feels about it?



5

Put the words in the right order to learn more about affirmations.

1. statements / Affirmations / positive / are
2. thoughts / to / our / negative / We / affirmations / say / change
3. powerful / We / affirmations / the / tense / to / make / present / more / use
4. productive / more / people / use / affirmations / Regular / makes / of

6

Write a paragraph (8-10 sentences) about your perfect lifestyle. Use present simple to make it sound like an affirmation.

Example:

I am a writer. I live in a beautiful Swiss village. I wake up early every morning, have a cup of coffee and listen to the birds singing. Then, I sit at my desk and start writing. The words come easily. I write for a few hours and then take a break. During my break, I go for a walk or do some yoga to clear my mind and ...



Correct answers

Exercise 1

Made in “Create a text” + “Fill in the Gap”

1. regularly
2. all the time
3. s or -es
4. he
5. she
6. it
7. plays
8. true
9. schedules
10. timetables

Exercise 2

The sentences are taken from the text generated in “Create a text”

Actions that happen regularly or all the time: 1,2,5
Schedules and timetables: 3,4,7
General truth/facts: 6, 8, 9

Exercise 3

“Create a text” + “Fill in the Gap”

is, travels, loves, is, wakes up, goes, is, are, goes, orders, opens, has, doesn't's mind, likes, gives, takes, goes, goes, tries, enjoys, goes, is

Exercise 4

Made in “Open questions”

1. Who is Sara is and what does she do?
2. Why does Sara love the digital nomad lifestyle?
3. Where is Sara today, and what does she do in the morning?
4. What does Sara do after her run on the beach?
5. Does Sara have a lot of work to do today? How does she feel about it?

Exercise 5

Made in “Unscramble the words”

1. Affirmations are positive statements.
2. We say affirmations to change our negative thoughts.
3. We use the present tense to make affirmations more powerful.
4. Regular use of affirmations makes people more productive.

Exercise 6

The example is made in “Create a text”