


# Lifestyle and community

 B2 Level

 Duration: 1 h

 Age: adults

 Group lesson

 Main focus

Students can explain features of their own culture to members of another culture or explain features of the other culture to members of their own culture.

Students can scan longer texts in order to locate desired information, and gather information from different parts of a text, or from different texts in order to fulfill a specific task.







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## Warm-up

### Exercise 1. Discuss:

Have you ever moved to a different country or city? What was your experience like?

**Exercise 2. In pairs, order these things from the most important to the least important for your lifestyle and/or the place where you live. Justify your choice. Then add 2 more things that can have an impact on you.**

<div>1</div>	<div>Ethnic diversity</div>		
<div></div>	<div>Societal values</div>		
<div></div>	<div>Relaxed environment</div>		
<div></div>	<div>Access to shops and restaurants</div>		
<div></div>	<div>Comfortable accommodation</div>		
<div></div>	<div>Being physically close to family</div>		
<div></div>	<div>Reliable transport</div>		
<div></div>	<div>Mentality</div>		



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Listening

Exercise 3. Watch this video and mark the statements as True or False:

- 1. New Zealand has a diverse population.
- 2. Janelle thinks that in America, people focus on what they need.
- 3. Shane found a special lifestyle in South Africa.
- 4. Katy says that the UK is a stress-free environment.
- 5. Joy's friends and family don't like seeing photos of their new life.



Would you ever consider moving to New Zealand? Why (not)?

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Reading

Exercise 4. Individually, match 4 people to the cities that seem to be a good match for them. After, discuss the chosen matches with your group.

🔦 Important terms

**Multiculturalism** - the coexistence and celebration of different cultures within a society, where each culture is valued and respected for its unique characteristics.

**Inclusivity** - the practice of ensuring that everyone feels welcome and included, regardless of their race, gender, religion, or any other characteristic that may make them feel excluded.



**Sarah** is an easy-going person. She enjoys spending her free time surfing and hiking. Sarah loves the relaxed atmosphere of the city and the fact that she can easily enjoy nature not far from her house. She also appreciates the wide range of shops and restaurants available, as shopping is also one of her favourite free time activities.



**Janna** is a young professional. She loves the mix of ancient traditions and contemporary trends, which perfectly matches her own interests. However, she doesn't mind the lack of ethnic diversity. Janna is a foodie, and she enjoys exploring bars and restaurants that offer delicious cuisine. It's important to note that Jenna really values respect for others.



**Kristina** loves a fast-paced lifestyle. She thrives on the energy of the city and enjoys working hard to achieve her goals. When she's not busy with work, she loves exploring all the amazing shops and restaurants. Sarah does not mind the crowds during peak hours, she appreciates the reliable transport options that make it easy to get around the city.



**Josh** loves exploring the city's various neighborhoods, trying new foods from different cultures, and attending festivals that celebrate its multiculturalism. He appreciates the inclusivity and welcoming atmosphere that some cities offer and feels at home among many ethnicities. For Josh, a vibrant lifestyle is the perfect match for his adventurous and outgoing personality.



## Cities

Ethnic diversity is one of the defining features of **Toronto**. The city is home to a wide range of cultures and ethnicities, making it an incredibly diverse and welcoming place. The city values inclusivity and celebrates its multiculturalism through various festivals and events throughout the year. Toronto's relaxed environment and access to shops and restaurants make it an ideal place for those who enjoy a vibrant urban lifestyle. The city also offers comfortable accommodation options and reliable transport, making it easy to get around and explore all that it has to offer.

**Sydney** is known for its laid-back lifestyle and beautiful beaches. The city values outdoor activities and encourages its residents to enjoy the natural beauty of the area. It has a relatively relaxed environment and access to plenty of shops and restaurants, making it a great place for those who enjoy a slower pace of life.

**New York City** is a bustling metropolis that never sleeps. New Yorkers value hard work and ambition, and the city is known for its fast-paced lifestyle. Despite this, there are plenty of opportunities to relax and unwind, with access to numerous parks and green spaces. The city also boasts an incredible selection of shops and restaurants, making it a foodie's paradise. Accommodation options vary widely, from luxury hotels to more affordable options. Transport is reliable but can be crowded during peak hours.

**London** is a hub of culture and history, with numerous museums showcasing everything from ancient artifacts to contemporary art. Beyond museums, London offers a vibrant arts scene with theater productions and music performances. Accommodation options range from budget-friendly hostels to luxurious hotels, and public transport is easily accessible with the iconic red buses and underground tube system. Additionally, London's diverse population contributes to a rich cultural tapestry, with a wide array of cuisines, festivals, and traditions celebrated throughout the city.

**Tokyo** is a city that values tradition and respect for others. The city has a unique blend of ancient traditions and modern technology, making it a fascinating place to visit or live. Tokyo is known for its excellent cuisine, with countless restaurants serving up delicious Japanese food. Accommodation options range from traditional Japanese ryokans to modern hotels. Transport is reliable and efficient, with an extensive network of trains and buses. Tokyo's ethnic diversity is not as pronounced as some other cities, but it remains a welcoming and inclusive place for all.

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## Speaking

### Exercise 5. Discuss the following questions in pairs.

1. What are the key lifestyle and cultural elements that hold significance to you personally?
2. Are they present in the place where you live?
3. If you could, what would you like to change in your city's / country's culture and lifestyle to make your life better?
4. Do you believe that exposing oneself to diverse lifestyles in various locations is essential for achieving a well-rounded individuality?





# Correct answers and teaching tips

## Exercise 1.

Created in the “Create warm-up discussion questions for a video”

## Exercise 2.

Created based on the video script extracted in “Youtube Transcript”



**Teacher tip**

If you are working in an offline classroom, print out the options as cards. The printable sheet can be found at the end of this document.

## Exercise 3.

Created in the “Create questions for a Youtube video” tool.

Correct answers:

1. True
2. False - People focus on what they have.
3. True
4. False - The UK is a pressured environment.
5. True

## Exercise 4.



**Teacher tip**

Let the students do this task individually. Then split them into groups of 3 and ask to discuss their choice.

Created in the “Create a text” tool. First, we created the city descriptions. Then, we used the tool again, asking it to “create a personal profile of a person who would enjoy living in city X”.

Suggested answers:

1. Sarah - Sydney
2. Jenna - Tokyo
3. Kristina - New York
4. Josh - Toronto

## Exercise 5.



**Teacher tip**

Pair up students in a way so that their pairs are different from those created for Exercise 2.

Created in the “Discussion Questions” tool



Printable activities

Ethnic diversity
Societal values
Relaxed environment
Access to shops and restaurants
Comfortable accommodation
Being physically close to family
Reliable transport
Mentality