

Meghan Markle's 2025 Instagram Return

Skills:

- Can recognize significant points in straightforward news articles on familiar subjects.
- Can give straightforward, detailed descriptions on a range of familiar subjects within their field of interest.

Adults/Teens

Group



1 Discuss these questions in pairs.

1. How do you feel about using social media to connect with others?
2. How do you think social media influences our daily lives and relationships?
3. How important is it for public figures to use social media in today's world?
4. What kind of content do you enjoy seeing from friends or celebrities on social media?

2 Breaking News! Read the article from PEOPLE magazine. Why is it big news?

Meghan Markle Kicks Off 2025 by Rejoining Instagram in a Video Shot by Prince Harry!

On Jan. 1, Meghan, 43, kicked off the new year with a new account on the social media platform. It had long been rumored that the handle @meghan belonged to the Duchess of Sussex, and her first post under that account featured her in a video, wearing all white and running on the beach, writing "2025" in the sand before running back off camera. PEOPLE understands the unfiltered video was shot by her husband Prince Harry at a public beach near their Montecito, California home.

In addition to her first post, the @meghan account also updated its profile picture to a black-and-white shot of Meghan smiling and wearing white, though a different white look than in her first post.

PEOPLE understands Meghan is excited to return to social media as a way to reconnect with communities around the world and share updates about the projects she's working on, looking to lead by example in demonstrating the potential for social media to bring joy and positive connection.

3 Can you tell which sentences are true and which are false?

1. Meghan Markle started a new Instagram account on January 1.
2. The first video posted by Meghan was filmed by her friend.
3. Meghan's first post showed her writing "2025" in the sand.
4. The profile picture on her account is in color.
5. Meghan plans to use social media to share her personal life only.

4 Based on the context provided in the article, guess the meaning of the following words and match them to their definitions.

rumor (v.)

shot by

unfiltered

kick off

rejoin

update a profile

- to change or add new information about yourself on a social media account or website - _____
- not having anything removed or changed, showing everything as it is - _____
- to start something, especially an event or activity, in an energetic way - _____
- taken quickly, often referring to capturing an image or video using a camera - _____
- to spread unverified information or stories that may not be true - _____
- to return to an organization, network or platform one has left - _____

5 Fill in the gaps in the sentences using the words from the previous exercise.

- After some time away, I decided to _____(1) the soccer team this season.
- She shared her _____(2) thoughts about the movie on social media.
- The famous actor was _____(3) a photographer as he left the restaurant.
- It's important to _____(4) on the dating app regularly to attract matches.
- People tend to _____(5) that the school will be closed for renovations soon.
- We plan to _____(6) the party at 7 PM with fun games and music.

6 You have the opportunity to create a social media account for a public figure. What would be your first post?

- Choose a famous figure from history, such as an actor, musician, political leader, or any well-known person from the past.
- Write a short description of their post and the purpose behind it.
- After a few minutes, share your ideas with the rest of the group.

Correct answers

1

Created in “Discussion questions” .

3

Created in the “True or False Statements” tool.

1. True - The text states that Meghan kicked off the new year with a new account on January 1.
2. False - The text mentions that the video was shot by her husband, Prince Harry.
3. True - The text describes her first post as showing her writing "2025" in the sand.
4. False - The text states that the profile picture is a black-and-white shot.
5. False - The text mentions she wants to share updates about her projects, not just her personal life.

4

Created in the “Word-Definition Matching” tool.

1. e
2. d
3. b
4. c
5. f
6. a

5

Created in the “Sentences with Your Vocabulary” tool.

1. rejoin
2. unfiltered
3. shot by
4. update a profile
5. to rumore
6. kick off

6

The idea was generated in “Lead-in activities”.