



## Skills:

Can catch the main points in TV programmes on familiar topics when the delivery is relatively slow and clear.

Can describe dreams, hopes and ambitions.

Adults

Group



## 1 Discuss the following questions in pairs:

1. Do you believe in making New Year's resolutions? Why or why not?
2. Have you ever made a resolution and successfully kept it? What was it?
3. Are there any resolutions that you would like to make in the future? What are they?
4. Do you think it's important to set goals for yourself? Why or why not?

## 2 Match the following words with their definitions.

quit

naked

get around to

short of

procrastinate

be hungover

1. feel sick and tired from drinking too much alcohol the night before.
2. finally start or complete something after not having time or motivation to do so.
3. stop doing something, especially a bad habit or addiction.
4. delay doing something that needs to be done.
5. less than
6. without any clothes on.

## 3 Watch the video. Fill in the gaps in the statements about it.

- Ellen's resolution last year was to stop \_\_\_\_ (1).
- Ellen suggests that people should finish their \_\_\_\_ (2) before making \_\_\_\_ (3).
- Ellen questions whether New Year's Day is \_\_\_\_ (4) time to start a resolution.
- Patty Eldridge wants to quit \_\_\_\_ (5).
- Misty Warren's resolution is to not miss an Ellen show for anything short of \_\_\_\_ (6).

**1. Why does Ellen think New Year's Day is not the best time to start a resolution?**

**2. Who did she ask about their resolutions?**

## 4 Look at the list of resolutions with gaps. In teams, discuss the possible missing words and be ready to share them with the rest of the group.

Learn to dance like \_\_\_\_\_.

Go on holiday with \_\_\_\_\_.

Become a professional \_\_\_\_\_.

Learn how to \_\_\_\_\_ without looking at my phone.

Stop telling people about my \_\_\_\_\_ on Facebook.

Stop saying \_\_\_\_\_ when I haven't left the house yet.

Try not to \_\_\_\_\_ at work.

Be less \_\_\_\_\_.

## 5 Write 6-8 New Year's resolutions (real ones, or just for fun if you don't believe in making resolutions), share them with your partner. Ask your partner about some details in their resolutions.

# Correct answers

1

Created in “Discussion questions” .

2

Created in the “Word-Definition Matching” tool.

1. be hungover
2. get around to
3. quit
4. procrastinate
5. short of
6. naked

3

Created in the “Audio & Video Question Creator” tool.

1. procrastinating
2. old resolutions
3. new ones
4. the best
5. men
6. her own death

1. Ellen thinks New Year's Day is not the best time to start a resolution because people wake up late, hungover, and sometimes unsure of their surroundings.
2. She asked their Facebook fans about their resolutions.

4

The idea was generated in “Lead-in activities”. The examples were made in “Create a text” .

**Teacher tip.** Write a list of resolutions on the board, but leave out some key words. Divide the students into teams and ask them to discuss the possible missing words and be ready to share them with the rest of the group/write them on the board.

Suggested answers:

1. Learn to dance like Michael Jackson.
2. Go on holiday with my cat.
3. Become a professional chocolate taster.
4. Learn how to text without looking at my phone.
5. Stop telling people about my 'amazing' diet on Facebook.
6. Stop saying 'I'm on my way' when I haven't left the house yet.
7. Try not to eat all the chocolate at work.
8. Be less perfect.

5

The idea was generated in “Lead-in activities”.